

"Forever Young"

2013

6Mile Run & 3Mile Run/Walk
in memory of Charlie Young

Sunday April 7th

9:00am

This event is for FUN!

(it will not be timed)

**Prizes will go to the first
three finishers Male /
Female in the following
categories for each event:**

Youth: 1-39

Masters: 40-49

Grand-Masters: 50-59

Seniors: 60-69

Geezers: 70+

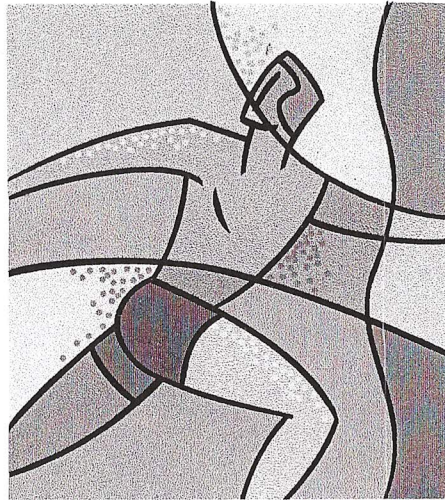
This is a loop course, cross country on hills.
Take I-25 north to Exit 242, go 2.1 miles East on Hwy 165. Start is approximately 1/2 mile East of Homestead Village shopping mall (which is on the north side of the road). Start area is on the South side of the road. OK to park on shoulder.

Sponsored by: Albuquerque Road Runners

For more information, contact:

Alan Overmier 345-3261 or 254-2218 or

321-2171



In honor of Charlie, who ran shirtless, \$2.00 (2 bucks!) will be given to those who run shirtless (not topless).
To be given at the finish line.

Entry Fees:

Pre-registered: \$25.00

No-hat Option: \$15.00

Race Day: add \$ 5.00

First 90 entries
will receive a Cool Cargo Hat

.... Join us afterwards for a burrito
and a cup o' Jo!

Mail this form and entry fee to:
Alan Overmier 309 14th Street SW
Albuquerque, NM 87102
or www.Active.com

Checks to: Albuquerque Road Runners

Mail-in deadline is April 3, 2013
Active.com deadline is April 5, 2013

Name _____

Address _____

Phone _____

Age on race day: _____ Sex: _____

6Mile _____ 3Mile _____

Waiver: I hereby, for myself, my heirs and personal representatives, waive all rights and claims against the Albuquerque Road Runners, the National Forest Service, and any other organizers and sponsors, their representatives, successors, and/or assigns, of Forever Young, for any injuries or damages I may sustain as a race participant on April 7, 2013. I give race officials permission to obtain medical aid for me should I, in their judgment, require it. I understand that volunteer first aid assistance may or may not be available at "Forever Young", and I agree that such volunteer medical assistance may be rendered to me.

Signature _____ Date _____

Signature of Parent or guardian _____ Date _____
if under 18 years of age.