

## ***6 week Friday Night Twilight Run/Walk Race Series – come out to have some fun with us!***

*June 15<sup>th</sup> – Bosque School (2 mile and 5k trail race)  
June 29<sup>th</sup> – Sandia High track (200, 800, 3200, 4x400)  
July 6<sup>th</sup> – Bear Canyon (2 mile and 5k trail race)  
July 13<sup>th</sup> – Sandia High track (100, 400, 1600, 5k, 4x200)  
July 20<sup>th</sup> – A Park Above (2 mile and 5k road race)  
July 27<sup>th</sup> – Sandia High track (200, 800, 3200, 4x800)*

*All ages and fitness levels welcome.*

***Time:*** All events in the series start at 6:30pm, with registration beginning at 5:30pm

***Cost:*** \$2 suggested donation per participant at each event

*Incentives for those who make 4 or more of the series!!!!*

For more info, contact Running Medicine ([runningmedicineabq@gmail.com](mailto:runningmedicineabq@gmail.com))

