

3RD ANNUAL
GRATITUDE
RUN/WALK/BIKE

Come celebrate Thanksgiving with us at a family-friendly, gratitude-filled morning with NHI

DATE: Thanksgiving 2018

PLACE: SIPI

(9169 Coors Blvd NW)

COST: FREE!

REGISTER: On-site 7-8am

ORDER OF EVENTS:

8:15AM: Opening Circle + stretch

8:30AM: 5k and 10k run

8:35AM: leisurely bike ride

8:45AM: walks (1 mi, 2mi, 5k)

9:15AM: 400 meter Toddler Dash

You are invited to bring donations for local families in need (winter clothing and non-perishable food items) as well as cash donations for NHI's Running Medicine program.

We will have **Gratitude Run/Walk shirts** for sale – long-sleeve (\$20) and sweatshirts (\$30)



Thank you to our 2018 event sponsors: Race NM, Daddy Appleseed Fund, Wings of America, Presbyterian Center for Community Health, UNM Health Sciences Center, County Commissioner Maggie Hart Stebbins, Athlete's Edge, Molina Healthcare, SIPI, After Hours Pediatrics, and Sandoval Regional Medical Center.

For more info: <https://runningmedicine.org> or email (runningmedicineabq@gmail.com).



Native Health Initiative
www.loving-service.us

