

32nd annual

WOMEN'S DISTANCE FESTIVAL



5K RUN & WALK

June 24, 2018
7:00 am

Free Kid's Dash follows 5K

Location

Bosque Riverside Trail

at Bridge Blvd SW-Albuquerque, NM
Adjacent to National Hispanic Cultural Center

Albuquerque Road Runners Club

Albuquerque Road Runners
WOMEN'S DISTANCE FESTIVAL
P.O. Box 20011
Albuquerque, NM 87154

WOMEN'S DISTANCE FESTIVAL

5K RUN & WALK



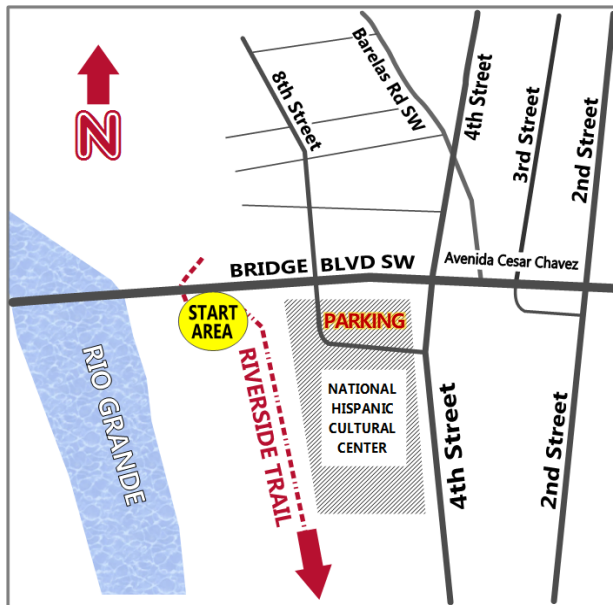
We invite you to our fun, flat, fast, and friendly 5K – *for women only!*

START TIME: 7:00 am

THE COURSE

Bosque Riverside Trail

The race will be run on the paved Bosque path starting at Bridge Blvd SW, adjacent to the National Hispanic Cultural Center, and heading south. Water station at the halfway point on the course. Parking is at the Cultural Center.



REGISTER

- Complete and mail the registration form
- OR online at RaceEntry.com
- OR at Packet Pickup
- OR on Race Day 6:00 - 6:45 am

PACKET PICK-UP

Saturday, June 23 – 12 noon to 4 pm

Heart & Sole Sports
2817 San Mateo Blvd NE, ABQ 87110
(505) 884-5300

AGE DIVISIONS

0-14 15-19 20-24 25-29 30-34
35-39 40-44 45-49 50-54 55-59
60-64 65-69 70 and up

5K RUN AWARDS

Top 3 Overall
Top 3 Masters
Top 3 Finishers in each Age Division

5K WALK AWARDS

Awards to Top 3 Overall Finishers

Special treats for all finishers!

Proceeds benefit Barrett Foundation
...ending homelessness for women and children.

Visit us at
www.abqroadrunners.com

REGISTRATION FORM

Women's Distance Festival 2018

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Email _____

Age on 6/24/2018 _____

5K RUN _____ 5K WALK _____

ENTRY FEE	Postmarked by June 20	Packet Pickup	RACE DAY
ARR MEMBERS:	__\$25	__\$30	__\$35
NON-MEMBERS:	__\$30	__\$35	__\$40
Payment method ___ Cash ___ Check # _____			

SHIRT SIZE (Circle One): **S M L XL XXL**
(Shirts are tech fabric in women's fit and sizing)

WAIVER: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I for myself, and anyone entitled to act on my behalf, waive and release the Albuquerque Road Runners Club, the City of Albuquerque, Bernalillo County, the Road Runners Club of America, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this for any legitimate purpose. I understand that bicycles, skateboards, baby joggers, roller skates or blades, animals, and radio headsets and ipods are not allowed in the race and I will abide by this guideline.

Signature of participant

Signature of parent or guardian if under 18

Date

Mail registration form with check payable to
Albuquerque Road Runners
Women's Distance Festival
P.O. Box 20011
Albuquerque, NM 87154