

ARR news

Newsletter of Albuquerque Road Runners Club | Vol 39 No 12
DECEMBER 2023

PRESIDENT'S MESSAGE

Happy Holidays to you and your family!

This is the time that we traditionally reflect on the past year and look towards next year. I hope you will join us for our annual **Holiday Party on December 13** as we enjoy some food and socialize with other club members. Awards for the **Member Race Series** will be handed out at the party. Also, we will be **voting on officers and board members** for the coming year at the Holiday Party. Most of the current officers and board members have agreed to serve another year ... here is the list of candidates:

President – Tom Besson

Vice-President – Brian Johnson

Treasurer – Peter Falk

Secretary – Juan Mendez Granado

Director – Shannon Stubbs

Director – Spencer Briggs

Advisory Director – Kurt Coonrod

We are also seeking a race director for Forever Young, which will be moved back to its traditional time in April. I will be glad to mentor anyone interested in taking over as director for this club race.

Tom Besson

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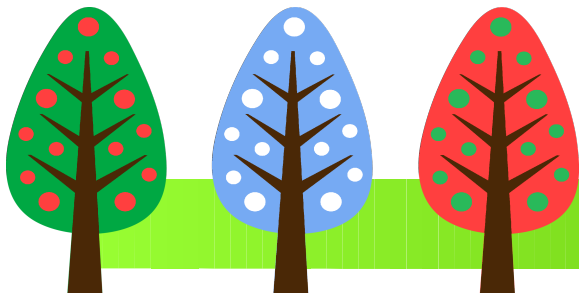
2 UPCOMING EVENTS

- Holiday Party Dec 13
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ANNUAL ARR HOLIDAY PARTY!

Wednesday, December 13 - 7:00 pm

Sol Event Palace, 1413 Eubank Blvd NE

- ▷ Socialize with club members and their families...
- ▷ Enjoy a meal...
- ▷ Awards for Member Race Series winners...
- ▷ Election of 2024 Officers and Board Members!

See Page 2 for more information!

*Hope to see
you there!*

PLEASE RSVP BY DECEMBER 9!

Upcoming **EVENTS**

■ **HOLIDAY PARTY!**



Wednesday, December 13, 2023

7:00 pm

Sol Event Palace

1413 Eubank Blvd NE (just north of Constitution)

[CLICK HERE TO RSVP PLEASE](#)

**Come join your fellow members and their families
for our traditional end-of-year Celebration!**

The club will provide enchilada casseroles (beef, chicken, and vegetarian varieties).

Attendees are asked to bring side dishes such as vegetables, salads, desserts, and soft drinks.

Please note: Alcohol is not permitted.

BURQUE BREWERY TOUR

■ **THE GRINCH LUNCH**



Saturday, December 23, 2023

11:30 am

Brew Lab 101 - NE Heights

3107 Eubank Blvd NE, Ste 12 | ABQ

Course Length: 5K

[view Facebook event](#)

RESOLUTIONS STINK! Saturday, January 27, 2024 - 11:00 am - Canteen Brewhouse, 2381 Aztec Rd NE - Course: 4 miles
[view Facebook event](#)

V DAY RUN - Saturday, February 24, 2024 - 11:30 am - Hops Brewery, 7220 4th St NW, ABQ - Course: 5K
[view Facebook event](#)

CROWNING - Saturday, March 23, 2024 - 10:00 am - Bombs Away Beer Co., 9801 Acoma Rd SE - Course: ~3.5 miles
[view Facebook event](#)

EVENT Report

BURQUE BREWERY TOUR

Black Friday Turkey Trots

Held Friday, November 24, 2023
Tractor Brewing Nob Hill

The Black Friday Turkey Trots was the first stop in this season's Burque Brewery Tour series. The runners started from Tractor Brewing's big red tractor in Nob Hill and battled a mighty headwind up Ridgecrest to the iconic public art project known (unofficially) as the Chevy-On-A-Stick. They turned around and headed back with a lovely tailwind and a downhill scream to the finish. Twenty-nine runners participated and 39 attended, including our very own miracle survivor, Nick J.

Nick Piggy Style was the first guy and Ana Romero Jurisson was the first gal. Theresa Kester won the Pay-It-Forward gift which was provided by Tony Recker. Rebecca Friedberg provided the amazing pumpkin pie!

Many thanks to "Perky" and Joaquin Garcia for hosting another fantastic Brew Tour event!

Place	Name	Gender	Finish time	time / mi
1	Nick Piggy Style	M	31:58.4	07:59.6
2	deadhead	M	32:28.3	08:07.1
3	Brian Johnson	M	32:44.9	08:11.2
4	Ana Romero Jurisson	F	33:39.5	08:24.9
5	Dina Hammad	F	37:36.1	09:24.0
6	Charles Lopez	M	38:51.9	09:43.0
7	Larry Marcus	M	38:56.7	09:44.2
8	Dan Fearless	M	39:04.0	09:46.0
9	MDUBS	M	39:22.1	09:50.5
10	Courtney Pompa	F	39:22.7	09:50.7
11	Valerie Denton	F	40:28.7	10:07.2
12	Z.Z. Leady	F	40:45.3	10:11.3
13	Nicole Highfill	F	40:46.4	10:11.6
14	Dennis	M	41:12.5	10:18.1
15	Carl Steinhauer	M	41:16.5	10:19.1
16	Glenda Muirhead	F	42:45.3	10:41.3
17	Theresa Kester	F	43:13.7	10:48.4
18	Cheryl D	F	43:21.6	10:50.4
19	Bex Friedberg	F	45:22.1	11:20.5
20	KK	F	49:54.3	12:28.6
21	Diana B	F	50:35.0	12:38.8
22	Anna W	F	51:05.0	12:46.2
23	Linda Romero	F	52:23.2	13:05.8
24	Tony Recker	M	53:58.6	13:29.6
25	Jennifer Dugan	F	02:25.5	15:36.4
26	Gwen R	F	04:55.0	16:13.8
27	Heidi R	F	04:55.7	16:13.9
28	Buffalo	M	15:24.0	18:51.0
29	Ginny Evans	F	15:25.5	18:51.4



Ana and Nick – Top gal and guy

[VIEW MORE PHOTOS HERE](#)



Perky with a fabulous prize for the top finishers!



2023 Summary

By Ian Maddieson, Series Coordinator

The Race Series finished this year with the Doggie Dash and Dawdle on November 5th (Guy Fawkes Day, for those in the know). This race is a lot of fun with some of the dogs taking part not quite sure of the procedure to follow. Due to injury I had to sit out this year's event without my usual rent-a-dog from Animal Humane, whose main annual fund-raiser this is. **Joaquin and Kelley Garcia** did run and finished together in 40:06.

There were several races in the series during October, falling into four of the different categories in the series. The **Sandia Mountain Shadows 5k** and the club's own **Forever Young 6-miler** were short trail events, while the road races were the **Duke City Marathon and Half-Marathon** and the **Great Pumpkin Chase 10k**.

There were series entrants in all these races, with the Nickerson family in particular out in strength. **Tessa Nickerson** was the women's winner in the Sandia Shadows 5k, and **Kellie Nickerson** was the winner at the Great Pumpkin Chase 10k as well at the Forever Young 6-miler. She also ran the Duke City Half-marathon in 1:39 but since she already has a higher score for a half-marathon her total is not increased by this. **Steve Nickerson** ran 51:44 in the Great Pumpkin Chase and added 71 points to his total, now at 210, and **Todd Nickerson** ran a 39:50 pace in the same event to add 93 points to his score. He also ran very a strong race at Forever Young, placing third overall in 42:15. **Cliff Matthews and Geoff Tweed** both ran the Duke City marathon. Since Cliff was a pace group leader, he was targeting a specific finish time rather than all-out racing, but nonetheless added 52 points as this was his first score at the marathon distance. Geoff ran strong at Forever Young in 45:37 adding 84 points to his total. Also at Forever Young, **Gene Kersh** finished 8th overall, scoring 82 points. **Diana Bibeau and Tony Recker** added 61 and 54 respectively.

Age Group	MEN		Points
70-79	1	Tony Recker	152
	2	Richard Knapp	
60-69	1	Steve Nickerson	210
	2	Gene Kersh	
50-59	1	Joaquin Garcia	88
30-39	1	Todd Nickerson	359
	2	Geoff Tweed	329

Age Group	WOMEN		Points
60-69	1	Diana Bibeau	177
50-59	1	Kelley Garcia	107
	2	Shannon Zanelli	
30-39	1	Kellie Nickerson	392
	2	Tessa Nickerson	

Any age groups not mentioned on this list didn't have any entrants or in some cases had entrants who didn't complete any of the races (including me!).

Series High Score!

The series had rather few participants this year, and perhaps the decision to have a more limited number of races included in the series contributed to that. I'm open to any suggestions that might get more people involved; contact me at raceseries@abqroadrunners.com if you have a comment to make. **Big thanks to Cliff Matthews** for his valuable help with scraping race results and calculating scores throughout the year. Winners present at the club's Holiday Party will receive a small token of appreciation.

Membership Update November 2023

Renewed Members

John Farrow
Rick Scott
Justin Wilbanks
Shannon Zanelli

New Members

Daniel Kavet
Robbi + Mark Berry
Andy Stoker
Leslie Fraser

ARR Board of Directors

President	Tom Besson
Vice President	Joyce Fafard
Secretary	Juan Mendez Granado
Treasurer	Peter Falk
Director	Shannon Zanelli
Director	Spencer Briggs
Advisory	Chris Martin / Membership

Click on TITLE for email address