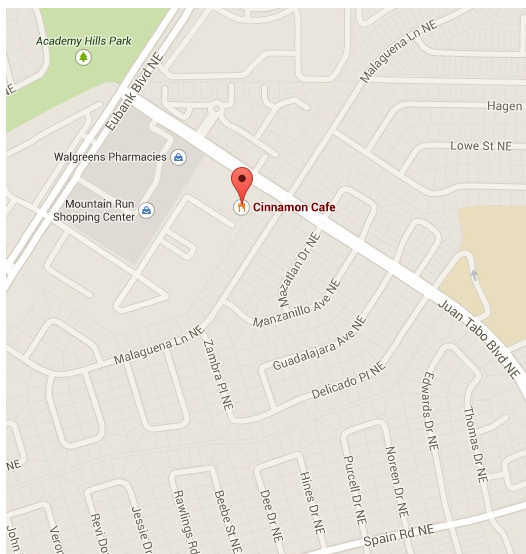
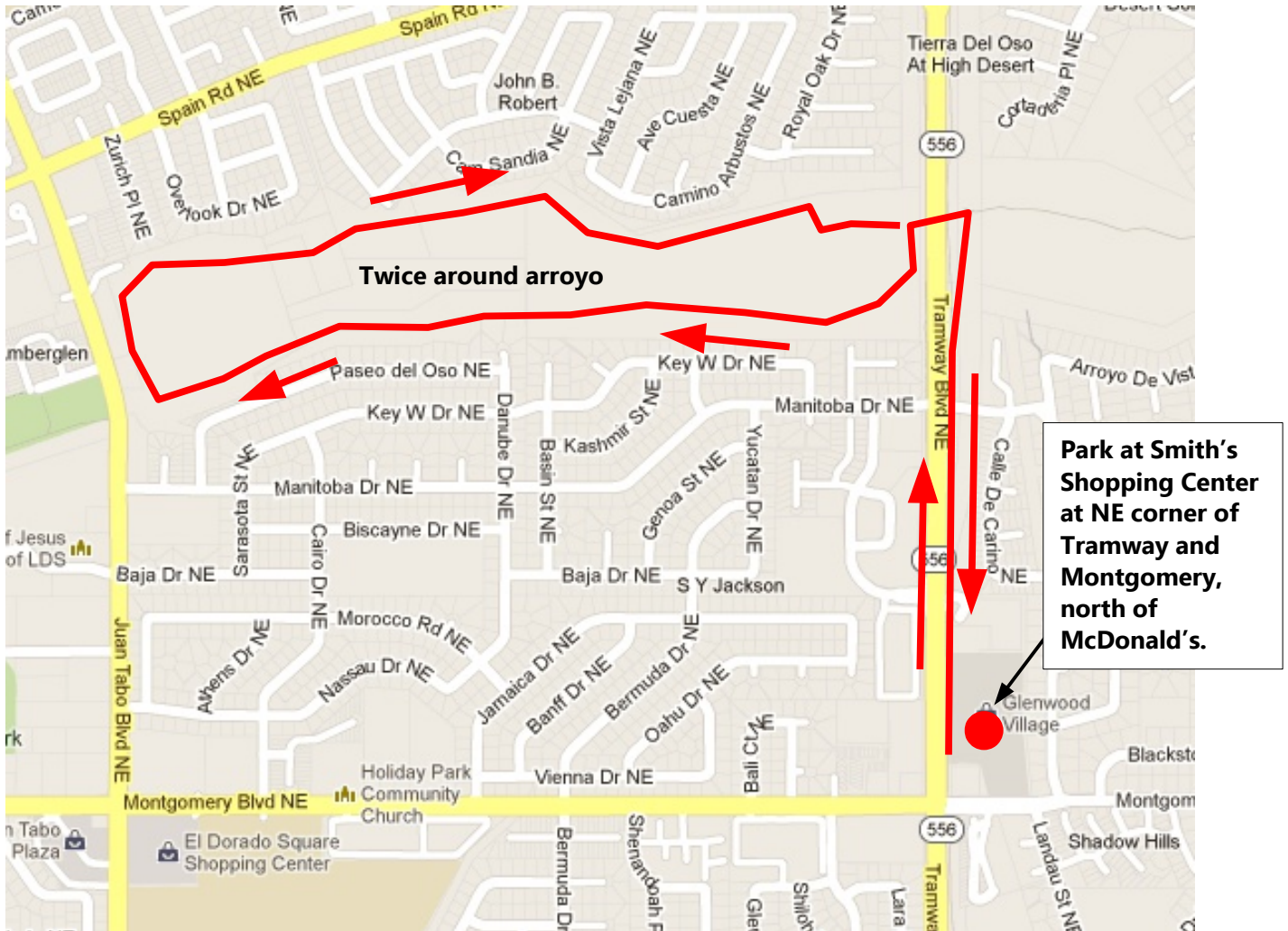


BEAR CANYON ARROYO

6 miles (north on paved bike path, cross under Tramway west into arroyo, twice around arroyo perimeter, back to Tramway path)



Post-Run Breakfast *VARIES*

Usually **Cinnamon Sugar & Spice Café**

5809 Juan Tabo NE, Suite A

Albuquerque, NM 87111

505-492-2119

(far east end of Mountain Run Shopping Center at Juan Tabo and Eubank NE)