

FOREVER YOUNG RUN

October 24, 2021

3 MILE RUN/WALK OVERALL RESULTS

	Last Name	First Name	Event	M/F	Division	Time
1	Waters	Lon	3M	M	Senior	20:14
2	Rahmer	Gianna	3M	F	Youth	20:47
3	Rahmer	Mike	3M	M	Master	20:58
4	Lacey	Natseway	3M	F	Youth	21:55
5	Guengerich	Gail	3M	F	Master	22:32
6	Gutierrez	Simon	3M	M	Grand Master	23:24
7	Wallace	Noelle	3M	F	Youth	23:42
8	Rahmer	Isla	3M	F	Youth	23:46
9	Hammad	Dina	3M	F	Grand Master	23:49
10	Rushton	Nicole	3M	F	Master	23:58
11	Wood	Doug	3M	M	Youth	25:27
12	Foucar	Kathy	3M	F	Geezer	25:54
13	Jones	Mark	3M	M	Grand Master	26:18
14	Forsberg	Aleeca	3M	F	Master	26:56
15	Riley	Ruth	3M	F	Youth	27:38
16	Burke	Lauren	3M	F	Youth	28:15
17	Hammad	Lillah	3M	F	Youth	28:21
18	Lucero-Matteucci	Kendra	3M	F	Grand Master	28:35
19	Michaliszyn	Liam	3M	M	Youth	28:46
20	Michaliszyn	Cara	3M	F	Youth	28:47
21	Melendez	Joel	3M	M	Master	29:54
22	Fuller	Charles	3M	M	Geezer	30:03
23	Glassman	Arthur	3M	M	Geezer	30:31
24	Esquibel	Lynna	3M	F	Master	30:37
25	Sandoval	Mario	3M	M	Youth	30:39
26	Denton	Valerie	3M	F	Master	30:42
27	Friedberg	Rebecca	3M	F	Grand Master	31:32
28	Stockhoff	Maren	3M	F	Youth	31:36
29	Fan	Justin	3M	M	Youth	31:44
30	Cohen	Gloria	3M	F	Senior	32:32
31	Robillard	Renee	3M	F	Senior	33:17
32	Webster	Alison	3M	F	Grand Master	36:59
33	Annett	Robert	3M	M	Senior	37:17
34	Riley	Charles	3M	M	Senior	37:56

OVERALL RESULTS

	Last Name	First Name	Event	M/F	Division	Time
35	Shrouf	Amy	3M	F	Grand Master	38:12
36	Gutierrez	Oma	3M	F	Geezer	39:02
37	Cuellar	Rachael	3M	F	Youth	39:16
38	Aubin	Kate	3M	F	Youth	40:04
39	Sulaimon	Queen	3M	F	Youth	40:11
40	Olivas	Melissa	3M	F	Master	44:30
41	Buchanan	Louella	3M	F	Geezer	44:43
42	Farmer	Melani	3M	F	Master	44:44
43	Vergara	Judith	3M	F	Grand Master	49:17
44	Halpin	Nancy	3M	F	Senior	49:25
45	Bowles	Kelly	3M	F	Senior	49:26
46	Ott-Meyer	Kristy	3M	F	Senior	49:28
47	Thornton	Rondi	3M	F	Geezer	49:29
48	Daly	Kathy	3M	F	Senior	52:07
49	Hotz	Julie	3M	F	Grand Master	52:08
50	Ford	Christine	3M	F	Grand Master	52:14
51	Fox	Lucy	3M	F	Senior	53:04
52	Truemper	Ingrid	3M	F	Master	53:36
53	Adair	Rod	3M	M	Senior	53:37
54	Danforth	Dick	3M	M	Geezer	54:20
55	Riley	Rachel	3M	F	Youth	55:12
56	Calabaza	Kevin	3M	M	Master	56:08
57	Fricke	Barbara	3M	F	Geezer	59:05
58	Keller	Daniela	3M	F	Grand Master	59:06
59	Cuneo	Peter	3M	M	Geezer	59:07
60	Roose	Rebecca	3M	F	Master	1:02.40
61	Waite	Jackie	3M	F	Master	1:02.44
62	Zamora	Regina	3M	F	Youth	1:16.26
63	Zamora	Renee	3M	F	Youth	1:16.32
64	Medina	Rebecca	3M	F	Grand Master	1:16.39
65	Ortiz	Ernesto	3M	M	Master	1:29.14
66	Locke	Dezmond	3M	M	Youth	1:29.15
67	Spohn	Lauryn	3M	F	Master	1:29.16

FOREVER YOUNG RUN

October 24, 2021

3 MILE RUN/WALK

AGE GROUP RESULTS – FEMALES

	Last Name	First Name	Event	M/F	Division	Time
TOP OVERALL FEMALES						
1	Rahmer	Gianna	3M	F	Youth	20:47
2	Lacey	Natseway	3M	F	Youth	21:55
3	Guengerich	Gail	3M	F	Master	22:32
70+						
1	Foucar	Kathy	3M	F	Geezer	25:54
2	Gutierrez	Oma	3M	F	Geezer	39:02
3	Buchanan	Louella	3M	F	Geezer	44:43
4	Thornton	Rondi	3M	F	Geezer	49:29
5	Fricke	Barbara	3M	F	Geezer	59:05
60-69						
1	Cohen	Gloria	3M	F	Senior	32:32
2	Robillard	Renee	3M	F	Senior	33:17
3	Halpin	Nancy	3M	F	Senior	49:25
4	Bowles	Kelly	3M	F	Senior	49:26
5	Ott-Meyer	Kristy	3M	F	Senior	49:28
6	Daly	Kathy	3M	F	Senior	52:07
7	Fox	Lucy	3M	F	Senior	53:04
50-59						
1	Hammad	Dina	3M	F	Grand Master	23:49
2	Lucero-Matteucci	Kendra	3M	F	Grand Master	28:35
3	Friedberg	Rebecca	3M	F	Grand Master	31:32
4	Webster	Alison	3M	F	Grand Master	36:59
5	Shrouf	Amy	3M	F	Grand Master	38:12
6	Vergara	Judith	3M	F	Grand Master	49:17
7	Hotz	Julie	3M	F	Grand Master	52:08
8	Ford	Christine	3M	F	Grand Master	52:14
9	Keller	Daniela	3M	F	Grand Master	59:06
10	Medina	Rebecca	3M	F	Grand Master	1:16.39

40-49

1	Rushton	Nicole	3M	F	Master	23:58
2	Forsberg	Aleeca	3M	F	Master	26:56
3	Esquibel	Lynna	3M	F	Master	30:37
4	Denton	Valerie	3M	F	Master	30:42
5	Olivas	Melissa	3M	F	Master	44:30
6	Farmer	Melani	3M	F	Master	44:44
7	Truemper	Ingrid	3M	F	Master	53:36
8	Roose	Rebecca	3M	F	Master	1:02.40
9	Waite	Jackie	3M	F	Master	1:02.44
10	Spohn	Lauryn	3M	F	Master	1:29.16

1-39

1	Wallace	Noelle	3M	F	Youth	23:42
2	Rahmer	Isla	3M	F	Youth	23:46
3	Riley	Ruth	3M	F	Youth	27:38
4	Burke	Lauren	3M	F	Youth	28:15
5	Hammad	Lillah	3M	F	Youth	28:21
6	Michaliszyn	Cara	3M	F	Youth	28:47
7	Stockhoff	Maren	3M	F	Youth	31:36
8	Cuellar	Rachael	3M	F	Youth	39:16
9	Aubin	Kate	3M	F	Youth	40:04
10	Sulaimon	Queen	3M	F	Youth	40:11
11	Riley	Rachel	3M	F	Youth	55:12
12	Zamora	Regina	3M	F	Youth	1:16.26
13	Zamora	Renee	3M	F	Youth	1:16.32

3 MILE RUN/WALK AGE GROUP RESULTS - MALES

	Last Name	First Name	Event	M/F	Division	Time
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TOP OVERALL MALES

1	Waters	Lon	3M	M	Senior	20:14
2	Rahmer	Mike	3M	M	Master	20:58
3	Gutierrez	Simon	3M	M	Grand Master	23:24

70+

1	Fuller	Charles	3M	M	Geezer	30:03
2	Glassman	Arthur	3M	M	Geezer	30:31
3	Danforth	Dick	3M	M	Geezer	54:20
4	Cuneo	Peter	3M	M	Geezer	59:07

60-69

1	Annett	Robert	3M	M	Senior	37:17
2	Riley	Charles	3M	M	Senior	37:56
3	Adair	Rod	3M	M	Senior	53:37

50-59

1	Jones	Mark	3M	M	Grand Master	26:18
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40-49

1	Melendez	Joel	3M	M	Master	29:54
2	Calabaza	Kevin	3M	M	Master	56:08
3	Ortiz	Ernesto	3M	M	Master	1:29.14

1-39

1	Wood	Doug	3M	M	Youth	25:27
2	Michaliszyn	Liam	3M	M	Youth	28:46
3	Sandoval	Mario	3M	M	Youth	30:39
4	Fan	Justin	3M	M	Youth	31:44
5	Locke	Dezmond	3M	M	Youth	1:29.15

FOREVER YOUNG RUN

October 24, 2021

6 MILE RUN

OVERALL RESULTS

	Last Name	First Name	Event	M/F	Division	Time
1	Platz	Ryan	6M	M	Youth	37:54
2	Casiquito	Justin	6M	M	Youth	38:16
3	Olson	Colin	6M	M	Master	41:09
4	Philips	Anthony	6M	M	Youth	42:07
5	Nickerson	Todd	6M	M	Youth	42:13
6	Trujillo	Dan	6M	M	Grand Master	43:30
7	Collins	Victoria	6M	F	Youth	44:39
8	Perego	Mauro	6M	M	Master	45:49
9	Gruca	Dorota	6M	F	Grand Master	46:01
10	Hills	Tony	6M	M	Grand Master	46:51
11	Nickerson	Kellie	6M	F	Youth	46:52
12	Iverson	Richard	6M	M	Senior	48:09
13	Tencza	Melissa	6M	F	Youth	48:34
14	Nickerson	Steve	6M	M	Senior	48:50
15	Aragon	Diane	6M	F	Grand Master	48:54
16	Castillo	Erin	6M	F	Youth	50:09
17	Trujillo	Lynette	6M	F	Master	50:18
18	Baczewski	Andrew	6M	M	Youth	51:19
19	Spadafora	Thomas	6M	M	Grand Master	51:51
20	Falk	Peter	6M	M	Grand Master	51:58
21	Ray	Gwen	6M	F	Youth	52:09
22	Medina	Alejandro	6M	M	Master	53:33
23	Hecht	Mark	6M	M	Master	56:05
24	Hirata	Mari	6M	F	Master	56:12
25	Nsonwu-Farmer	Amaka	6M	F	Youth	56:22
26	Pena	Michael	6M	M	Senior	56:24
27	Foucar	Elliott	6M	M	Geezer	56:33
28	Kester	Theresa	6M	F	Grand Master	57:12
29	Highfill	Nicole	6M	F	Master	57:27
30	Muirhead	Dennis	6M	M	Geezer	57:59
31	Marcus	Larry	6M	M	Master	58:01
32	Astrachan	Juliana	6M	F	Grand Master	1:03.30
33	Spaeth	Rebecca	6M	F	Youth	1:03.35
34	Martin	Chris	6M	F	Master	1:03.35

6 MILE RUN

OVERALL RESULTS

	Last Name	First Name	Event	M/F	Division	Time
35	Catey	Mary	6M	F	Youth	1:03.57
36	Stringer	Andrew	6M	M	Grand Master	1:04.08
37	Vaughan	Miyuki	6M	F	Grand Master	1:04.18
38	Walsh	Sonya	6M	F	Master	1:05.36
39	Heredia	Gilberto	6M	M	Grand Master	1:06.09
40	Martinez	Monica	6M	F	Master	1:06.27
41	Turrieta	Angelica	6M	F	Master	1:06.43
42	Aubin	Mark	6M	M	Master	1:08.15
43	Kupcewicz	Ally	6M	F	Youth	1:08.45
44	Cudney-Black	Jane	6M	F	Grand Master	1:09.15
45	Robinson	Jessica	6M	F	Youth	1:09.16
46	Erteza	Ireena	6M	F	Grand Master	1:11.03
47	Muehlenweg	Theodora	6M	F	Youth	1:11.19
48	Riley	Rebecca	6M	F	Youth	1:11.46
49	Bohl	Alex	6M	M	Grand Master	1:13.16
50	Stiles	Linda	6M	F	Geezer	1:13.52
51	Laub	Tom	6M	M	Master	1:13.54
52	Timmins	Talia	6M	F	Master	1:14.17
53	Kirsling	Kathy	6M	F	Geezer	1:15.35
54	Tallon	Dan	6M	M	Senior	1:16.45
55	Riley	Catherine	6M	F	Grand Master	1:17.14
56	Taverez	Ramon	6M	M	Grand Master	1:18.01
57	Wiggins	Wendy	6M	F	Grand Master	1:18.21
58	Green	Pamela	6M	F	Senior	1:19.32
59	Barre-Hecht	Jennifer	6M	F	Master	1:20.28
60	Danforth	Patty	6M	F	Senior	1:20.43
61	Davenport	Beth	6M	F	Senior	1:21.43
62	Ryan	Meredith	6M	F	Master	1:21.48
63	Fatta	Charles	6M	M	Geezer	1:26.26
64	Schoellkopf	Andrea	6M	F	Grand Master	1:26.57
65	Kennerly	Paul	6M	M	Master	1:26.58
66	Thorn	Karen	6M	F	Geezer	2:03.15
67	Williams	Ted	6M	M	Geezer	2:03.16

FOREVER YOUNG RUN

October 24, 2021

6 MILE RUN

AGE GROUP RESULTS – FEMALES

	Last Name	First Name	Event	M/F	Division	Time
TOP OVERALL FEMALES						
1	Collins	Victoria	6M	F	Youth	44:39
2	Gruca	Dorota	6M	F	Grand Master	46:01
3	Nickerson	Kellie	6M	F	Youth	46:52
70+						
1	Stiles	Linda	6M	F	Geezer	1:13.52
2	Kirsling	Kathy	6M	F	Geezer	1:15.35
3	Thorn	Karen	6M	F	Geezer	2:03.15
60-69						
1	Green	Pamela	6M	F	Senior	1:19.32
2	Danforth	Patty	6M	F	Senior	1:20.43
3	Davenport	Beth	6M	F	Senior	1:21.43
50-59						
1	Aragon	Diane	6M	F	Grand Master	48:54
2	Kester	Theresa	6M	F	Grand Master	57:12
3	Astrachan	Juliana	6M	F	Grand Master	1:03.30
4	Vaughan	Miyuki	6M	F	Grand Master	1:04.18
5	Cudney-Black	Jane	6M	F	Grand Master	1:09.15
6	Erteza	Ireena	6M	F	Grand Master	1:11.03
7	Riley	Catherine	6M	F	Grand Master	1:17.14
8	Wiggins	Wendy	6M	F	Grand Master	1:18.21
9	Schoellkopf	Andrea	6M	F	Grand Master	1:26.57
40-49						
1	Trujillo	Lynette	6M	F	Master	50:18
2	Hirata	Mari	6M	F	Master	56:12
3	Highfill	Nicole	6M	F	Master	57:27
4	Martin	Chris	6M	F	Master	1:03.35
5	Walsh	Sonya	6M	F	Master	1:05.36
6	Martinez	Monica	6M	F	Master	1:06.27

	Last Name	First Name	Event	M/F	Division	Time
7	Turrieta	Angelica	6M	F	Master	1:06.43
8	Timmins	Talia	6M	F	Master	1:14.17
9	Barre-Hecht	Jennifer	6M	F	Master	1:20.28
10	Ryan	Meredith	6M	F	Master	1:21.48

1-39

1	Tencza	Melissa	6M	F	Youth	48:34
2	Castillo	Erin	6M	F	Youth	50:09
3	Ray	Gwen	6M	F	Youth	52:09
4	Nsonwu-Farmer	Amaka	6M	F	Youth	56:22
5	Spaeth	Rebecca	6M	F	Youth	1:03.35
6	Catey	Mary	6M	F	Youth	1:03.57
7	Kupcewicz	Ally	6M	F	Youth	1:08.45
8	Robinson	Jessica	6M	F	Youth	1:09.16
9	Muehlenweg	Theodora	6M	F	Youth	1:11.19
10	Riley	Rebecca	6M	F	Youth	1:11.46

6 MILE RUN AGE GROUP RESULTS - MALES

	Last Name	First Name	Event	M/F	Division	Time
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TOP OVERALL MALES

1	Platz	Ryan	6M	M	Youth	37:54
2	Casiquito	Justin	6M	M	Youth	38:16
3	Olson	Colin	6M	M	Master	41:09

70+

1	Foucar	Elliott	6M	M	Geezer	56:33
2	Muirhead	Dennis	6M	M	Geezer	57:59
3	Fatta	Charles	6M	M	Geezer	1:26.26
4	Williams	Ted	6M	M	Geezer	2:03.16

60-69

1	Iverson	Richard	6M	M	Senior	48:09
2	Nickerson	Steve	6M	M	Senior	48:50
3	Pena	Michael	6M	M	Senior	56:24
4	Tallon	Dan	6M	M	Senior	1:16.45

	Last Name	First Name	Event	M/F	Division	Time
50-59						
1	Trujillo	Dan	6M	M	Grand Master	43:30
2	Hills	Tony	6M	M	Grand Master	46:51
3	Spadafora	Thomas	6M	M	Grand Master	51:51
4	Falk	Peter	6M	M	Grand Master	51:58
5	Stringer	Andrew	6M	M	Grand Master	1:04.08
6	Heredia	Gilberto	6M	M	Grand Master	1:06.09
7	Bohl	Alex	6M	M	Grand Master	1:13.16
8	Taverez	Ramon	6M	M	Grand Master	1:18.01
40-49						
1	Perego	Mauro	6M	M	Master	45:49
2	Medina	Alejandro	6M	M	Master	53:33
3	Hecht	Mark	6M	M	Master	56:05
4	Marcus	Larry	6M	M	Master	58:01
5	Aubin	Mark	6M	M	Master	1:08.15
6	Laub	Tom	6M	M	Master	1:13.54
7	Kennerly	Paul	6M	M	Master	1:26.58
1-39						
1	Philips	Anthony	6M	M	Youth	42:07
2	Nickerson	Todd	6M	M	Youth	42:13
3	Baczewski	Andrew	6M	M	Youth	51:19