

**THANK YOU!**  
to our **SPONSORS**



**Aperture Center**  
**5700 University Blvd SE**  
**Albuquerque, NM**



### DIRECTIONS

**From I-25**, take Rio Bravo exit. Head east to University Blvd. Turn right and follow University Blvd 3.3 miles to Stryker Road. Parking lot is to the left.



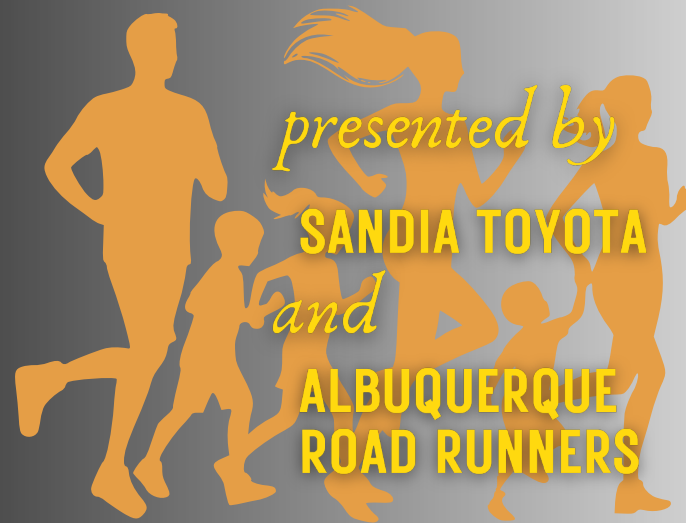
[abqroadrunners.com](http://abqroadrunners.com)

**A NEW RACE!**

**F**amily  
**F**itness

**5K** RUN  
& WALK

Saturday, May 10, 2025  
Mesa del Sol - Aperture Trail  
8:00 am Start



*presented by*  
**SANDIA TOYOTA**  
*and*  
**ALBUQUERQUE ROAD RUNNERS**

Albuquerque Road Runners

# Family Fitness

**Saturday, May 10, 2025**  
**8:00 am Start**



The Albuquerque Road Runners Club invites you to the **FAMILY FITNESS 5K Run & Walk!**

This inaugural race is a family-oriented event with **proceeds to benefit LOCKER #505**, a student-focused facility where children can choose outfits they feel good about wearing for school.



## Awards

**Top Male and Female Finishers**  
**Top 3 in each Age Group**

## Age Groups

1-14 15-19 20-24 25-29 30-34 35-39  
40-44 45-49 50-54 55-59 60-64  
65-69 70-74 75-79 80+

## Packet Pickup

**Friday, May 9, 2025**  
**4 pm to 6 pm**  
**Rio Grande Park**  
**1744 Kit Carson Dr SW**  
(corner of Kit Carson Dr and  
Alcalde SW, near ABQ Zoo and  
Tingley Drive)

**Mesa del Sol - Aperture Trail**  
**5700 University Blvd SE, ABQ NM**

## To Register

- Complete and **MAIL** registration form with check payable to ARR to:  
ABQ Road Runners FFR  
PO Box 20011, ABQ NM 87154
- or **ONLINE** at RaceEntry.com
- or at **PACKET PICKUP**
- or on **RACE DAY 7:15- 7:45 am**

**Sorry, NO CREDIT CARDS for in-person signup. CASH OR CHECK ONLY!**



## FAMILY FITNESS 5K

May 10, 2025

BIB # \_\_\_\_\_

name \_\_\_\_\_

address \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

email \_\_\_\_\_

age on race day \_\_\_\_\_ date of birth \_\_\_\_\_

FEMALE       ADULT  
 MALE         STUDENT

ENTRY FEE	ADULT	STUDENT *
Postmarked by April 12	\$30	\$ 5
Late Registration	\$35	\$10
Packet Pickup / Race Day	\$40	\$15

\* STUDENT = 18 years and under

SHIRT SIZE (circle one)	YOUTH			ADULT			
	S	M	L	S	M	L	XL

### PLEASE SIGN WAIVER

I hereby, for myself, my heirs and personal representatives, waive all rights and claims against the Albuquerque Road Runners Club, Road Runners Club of America, Sandia Toyota, Mesa del Sol, and any other organizers and sponsors, their representatives, successors, and/or assigns of Family Fitness Run for any injuries or damages I may sustain as a race participant. I give race officials permission to obtain medical aid for me should I, in their judgment, require it. I understand that volunteer first aid assistance may or may not be available at Family Fitness Run, and I agree that such volunteer medical assistance may be rendered to me.

Participant signature \_\_\_\_\_

Signature of parent or guardian if participant is under 18 \_\_\_\_\_

Date \_\_\_\_\_