

54th Annual LA LUZ TRAIL RUN

ALBUQUERQUE ROAD RUNNERS CLUB

AUGUST 4, 2019

134 WOMEN

WOMEN – AGE GROUPS

Age Place	Bib	Name	Finish Time	Age	Gender	City	Gender Place	OA Place	Pace
AGE GROUP 1-15									
1	308	SOPHIA LEGAT	02:37:56	13	F	LAS VEGAS	44	199	17:32 min/mile
2	301	NAHOMY LABRADO	02:43:39	11	F	EL PASO	57	220	18:11 min/mile
AGE GROUP 16-19									
1	363	AVA MILLER	01:55:02	18	F	ALBUQUERQUE	5	35	12:46 min/mile
2	5	LINDSEY KLEM	03:11:10	16	F	ALBUQUERQUE	94	301	21:14 min/mile
3	244	BETHANY GRUENIG	04:06:18	17	F	RIO RANCHO	128	355	27:22 min/mile
AGE GROUP 20-24									
1	395	CASSAUNDR A PINO	02:37:36	22	F	ALBUQUERQUE	43	197	17:30 min/mile
2	249	BETHANY HAMMON	02:52:36	21	F	LOS LUNAS	70	250	19:10 min/mile
3	317	ISABELA LOPEZ	03:15:09	22	F	ALBUQUERQUE	98	308	21:41 min/mile
4	323	GABRIELLE LUCERO	03:20:58	22	F	ALBUQUERQUE	105	318	22:19 min/mile
5	341	LILLIAN MARTINEZ	03:42:58	20	F	VEGUITA	120	344	24:46 min/mile
AGE GROUP 25-29									
1	279	RACHEL JANSON	01:48:45	27	F	ALBUQUERQUE	2	24	12:05 min/mile
2	433	SOFIE SCHUNK	01:55:51	27	F	SAN DIEGO	6	37	12:52 min/mile
3	475	BECCA WHEELING	02:01:00	27	F	ALBUQUERQUE	8	51	13:26 min/mile
4	299	CHRISTY KURNIK	02:03:06	29	F	CEDAR CREST	9	61	13:40 min/mile
5	155	MORIAH CARTY	02:07:22	26	F	RIO RANCHO	12	74	14:09 min/mile
6	479	KATE WILKINS	02:09:28	28	F	ALBUQUERQUE	13	84	14:23 min/mile
7	193	DYLAN DRUSEDUM	02:16:06	28	F	ALBUQUERQUE	18	111	15:07 min/mile
8	375	SHELBY NICOSIA-MURPHY	02:23:22	26	F	ALBUQUERQUE	25	141	15:55 min/mile
9	126	CAMI BELCHER	02:36:25	27	F	BOSQUE FARMS	40	193	17:22 min/mile
10	285	MARGARET KENNEDY	02:39:57	29	F	ALBUQUERQUE	49	208	17:46 min/mile
11	378	NARA OLIVAS	02:43:44	29	F	ALBUQUERQUE	58	221	18:11 min/mile
12	477	SERENA WIDMAR	02:47:31	28	F	ALBUQUERQUE	65	237	18:36 min/mile

Age	Place	Bib	Name	Finish Time	Age	Gender	City	Gender Place	OA Place	Pace
	13	471	AMANDA WATKINS	03:02:47	25	F	ALBUQUERQUE	80	278	20:18 min/mile
	14	388	CAROLYN PARSHALL	03:06:35	29	F	ALBUQUERQUE	87	288	20:43 min/mile
	15	404	AMY REED	03:10:21	28	F	ALBUQUERQUE	92	298	21:09 min/mile
	16	242	SOPHIE GRODSINSKY	03:10:53	28	F	RENO	93	300	21:12 min/mile
	17	148	AUDREY BYLAND	03:16:06	28	F	FLAGSTAFF	101	312	21:47 min/mile
	18	408	RACHEL RILEY	04:14:38	25	F	ALBUQUERQUE	131	359	28:17 min/mile

AGE GROUP 30-34

1	174	IVY CROCKETT	02:07:22	30	F	ALBUQUERQUE	11	73	14:09 min/mile
2	290	PAIGE KINUCAN	02:10:00	33	F	ALBUQUERQUE	14	88	14:26 min/mile
3	320	KAREN LOVELY	02:16:26	32	F	ALBUQUERQUE	19	112	15:09 min/mile
4	237	KELLI GOOD	02:18:23	34	F	ALBUQUERQUE	20	123	15:22 min/mile
5	122	ELLEN BEEBE	02:26:54	34	F	PLACITAS	29	159	16:19 min/mile
6	311	SHEYENNE LEWIS	02:27:01	33	F	ALBUQUERQUE	30	160	16:20 min/mile
7	330	HANNAH MAINOLFA	02:29:08	34	F	RIO RANCHO	34	172	16:34 min/mile
8	417	STEPHANIE ROUSSEL	02:31:41	31	F	ALBUQUERQUE	35	176	16:51 min/mile
9	277	CAITI JACKSON	02:33:42	30	F	ALBUQUERQUE	36	184	17:04 min/mile
10	391	LAUREN PERRY	02:37:16	31	F	ALBUQUERQUE	41	195	17:28 min/mile
11	133	GENEVI BOOKS	02:38:46	31	F	ALBUQUERQUE	46	203	17:38 min/mile
12	162	MELANIE COFFING	02:38:57	33	F	ALBUQUERQUE	47	204	17:39 min/mile
13	183	LAURA DE AZEVEDO	02:42:22	30	F	TIJERAS	52	212	18:02 min/mile
14	129	WHITNEY BERNREUTER	02:43:58	33	F	ALBUQUERQUE	59	222	18:13 min/mile
15	144	STACY BROSSY	02:45:13	32	F	SANTA FE	60	226	18:21 min/mile
16	191	MELISSA DOZAL	02:46:04	30	F	EL PASO	61	232	18:27 min/mile
17	119	CAITLIN BAKER	02:46:59	30	F	ALBUQUERQUE	63	235	18:33 min/mile
18	108	PAIGE ARRIZA	02:56:44	31	F	ALBUQUERQUE	74	258	19:38 min/mile
19	416	SHAYNA ROSENBLUM	02:59:01	31	F	ALBUQUERQUE	76	268	19:53 min/mile
20	333	TRACY MALLETTE	02:59:26	30	F	ALBUQUERQUE	78	270	19:56 min/mile
21	454	LAURA SUNKES	03:04:40	34	F	ALBUQUERQUE	83	283	20:31 min/mile
22	104	JOANNA ANDERSON	03:18:18	31	F	COLORADO SPRINGS	102	313	22:02 min/mile
23	106	MELISSA ARAGON	03:19:21	30	F	ALBUQUERQUE	103	316	22:09 min/mile
24	272	JENA JACKOVICH	03:33:46	34	F	ALBUQUERQUE	114	330	23:45 min/mile
25	328	MONICA MAGDALENA	03:57:20	32	F	JEMEZ PUEBLO	123	349	26:22 min/mile
26	147	KIMBERLY BUSTILLOS	04:13:30	32	F	WASILLA	129	357	28:10 min/mile

AGE GROUP 35-39

Age Place	Bib	Name	Finish Time	Age	Gender	City	Gender Place	OA Place	Pace
1	177	RACHAEL CUELLAR	01:49:04	37	F	ALBUQUERQUE	3	25	12:07 min/mile
2	254	SARAH HATCH	02:12:34	36	F	ALBUQUERQUE	16	98	14:43 min/mile
3	200	ALISHA EDMISTON	02:20:32	38	F	LAS CRUCES	22	131	15:36 min/mile
4	406	PERLA RETANA BROWN	02:24:10	35	F	EL PASO	27	147	16:01 min/mile
5	450	SARA STEWARD	02:28:12	37	F	ALBUQUERQUE	31	164	16:28 min/mile
6	239	THERESA GREENO	02:29:08	37	F	RIO RANCHO	32	170	16:34 min/mile
7	196	JESSICA DURON-MARTINEZ	02:29:08	39	F	RIORANCHO	33	171	16:34 min/mile
8	476	LISA WHIGHAM	02:34:41	35	F	ALBUQUERQUE	37	188	17:11 min/mile
9	234	SARAH GONZALES	02:34:58	37	F	ALBUQUERQUE	38	189	17:13 min/mile
10	344	JACQUELYNE MARTINEZ	02:37:35	36	F	ALBUQUERQUE	42	196	17:30 min/mile
11	435	FELISHA SENA	02:42:02	38	F	ALBUQUERQUE	51	211	18:00 min/mile
12	382	BRANDIE PACHECO	02:42:26	38	F	ALBUQUERQUE	54	214	18:02 min/mile
13	220	ERIN FRIZZELL	02:43:33	36	F	ALBUQUERQUE	56	219	18:10 min/mile
14	452	NATALIE STRUB	02:46:05	36	F	ALBUQUERQUE	62	233	18:27 min/mile
15	120	VALERIE BARBOA	02:47:00	37	F	ALBUQUERQUE	64	236	18:33 min/mile
16	298	VANESSA KUHN	02:51:17	39	F	ALBUQUERQUE	68	246	19:01 min/mile
17	124	PHOEBE BEGAY	02:52:06	39	F	TIJERAS	69	248	19:07 min/mile
18	496	KATIE ZINK	03:08:34	39	F	ALBUQUERQUE	90	294	20:57 min/mile
19	230	CHANDRA GERRARD	03:35:37	35	F	ALBUQUERQUE	116	334	23:57 min/mile
20	337	ORLANDA MARTIN	03:46:45	36	F	ALBUQUERQUE	121	347	25:11 min/mile
21	409	REBECCA RILEY	04:02:52	35	F	PUEBLO OF ACOMA	126	353	26:59 min/mile
22	389	ESTHER PEREA	04:13:32	38	F	LOS LUNAS	130	358	28:10 min/mile

AGE GROUP 40-44

1	112	MARISA ASPLUND	01:56:47	42	F	DURANGO	7	39	12:58 min/mile
2	258	RACHEL HERTZMAN	02:06:46	43	F	ALBUQUERQUE	10	69	14:05 min/mile
3	182	JAIME DAWES	02:10:39	40	F	RIO RANCHO	15	92	14:31 min/mile
4	195	SONYA DURAN	02:25:16	41	F	ALBUQUERQUE	28	153	16:08 min/mile
5	350	AMOR MCGAHIE	02:42:26	40	F	ALBUQUERQUE	53	213	18:02 min/mile
6	466	ANTOINETTE TOYA	02:43:17	41	F	RIO RANCHO	55	215	18:08 min/mile
7	467	APRIL TSOSIE	02:48:20	43	F	COVE	66	241	18:42 min/mile
8	339	MONICA MARTINEZ	03:01:12	43	F	ALBUQUERQUE	79	274	20:08 min/mile
9	188	VALERIE DENTON	03:03:28	44	F	TIJERAS	81	280	20:23 min/mile
10	103	S ANAYA	03:10:19	41	F	ALBUQUERQUE	91	297	21:08 min/mile
11	459	ANDREA TELMO	03:15:47	44	F	ALBUQUERQUE	99	310	21:45 min/mile
12	153	BRANDY CARDONA	03:15:53	42	F	EL PASO	100	311	21:45 min/mile

Age	Place	Bib	Name	Finish Time	Age	Gender	City	Gender Place	OA Place	Pace
	13	115	PAULA BACA	03:19:33	44	F	ALBUQUERQUE	104	317	22:10 min/mile
	14	229	IRENE GARNAND	03:29:42	42	F	ALBUQUERQUE	112	326	23:18 min/mile
	15	157	ELIZABETH CHAPLIN	03:37:22	40	F	SANDIA PARK	117	336	24:09 min/mile

AGE GROUP 45-49

1	259	NICOLE HIGHFILL	02:14:04	46	F	ALBUQUERQUE	17	105	14:53 min/mile
2	379	MELISSA ORTIZ	02:19:36	45	F	SANDIA PARK	21	127	15:30 min/mile
3	180	CHRISTY DAFTER	02:20:57	48	F	ALBUQUERQUE	23	133	15:39 min/mile
4	197	JENNIFER DUVALL	02:23:52	48	F	ALBUQUERQUE	26	143	15:59 min/mile
5	348	LAURIE MCCARTHY	02:35:13	47	F	ALBUQUERQUE	39	190	17:14 min/mile
6	360	NICOLE MIDGETT	02:53:25	45	F	ALBUQUERQUE	72	252	19:16 min/mile
7	372	GLORIA NELSON	03:06:47	48	F	ALBUQUERQUE	88	290	20:45 min/mile
8	179	REBECCA CURRENS	03:21:57	46	F	ALBUQUERQUE	107	320	22:26 min/mile
9	361	MARY MILLER	03:28:12	45	F	ALBUQUERQUE	109	323	23:08 min/mile
10	163	ELIZABETH COMER	03:28:13	48	F	AUSTIN	110	324	23:08 min/mile
11	146	GEORGINA BUSTAMANTE	03:32:23	47	F	ALBUQUERQUE	113	329	23:35 min/mile

AGE GROUP 50-54

1	142	LISA BROIDY	02:48:31	50	F	ALBUQUERQUE	67	242	18:43 min/mile
2	371	ZOE NANCE	02:56:38	50	F	ALBUQUERQUE	73	256	19:37 min/mile
3	178	RACHAEL CUNNICK	02:57:57	54	F	ALBUQUERQUE	75	264	19:46 min/mile
4	176	JANE CUDNEY-BLACK	03:04:46	50	F	ALBUQUERQUE	84	284	20:31 min/mile
5	294	MISSY KLEM	03:07:48	52	F	ALBUQUERQUE	89	293	20:52 min/mile
6	145	LESLIE BUSH	03:11:40	53	F	DEMING	95	302	21:17 min/mile
7	109	MICHELLE ARTHUR	03:21:53	50	F	ALBUQUERQUE	106	319	22:25 min/mile
8	228	KELLEY GARCIA	03:56:58	53	F	ALBUQUERQUE	122	348	26:19 min/mile
9	394	MISTY PILGRIM	03:59:12	54	F	ALBUQUERQUE	125	352	26:34 min/mile
10	484	CHRISTINA WOOD	04:36:41	50	F	DOUBLE OAK	133	361	30:44 min/mile
11	262	TRACY HINES	04:36:53	54	F	RIO RANCHO	134	362	30:45 min/mile

AGE GROUP 55-59

1	173	KIM COX	02:40:48	55	F	ALBUQUERQUE	50	209	17:52 min/mile
2	42	MARILYN MARTINEZ	02:53:15	57	F	GRANTS	71	251	19:15 min/mile
3	407	SHERRY RIDDLE	03:04:06	57	F	ALBUQUERQUE	82	281	20:27 min/mile
4	386	MICHELLE PARSHALL	03:06:21	57	F	CORRALES	86	287	20:42 min/mile
5	383	NOELLE PACKARD	03:12:05	57	F	ALBUQUERQUE	96	303	21:20 min/mile

Age	Place	Bib	Name	Finish Time	Age	Gender	City	Gender Place	OA Place	Pace
	6	181	PATTY DANFORTH	03:34:24	59	F	SANDIA PARK	115	331	23:49 min/mile
	7	492	QIAN-YUN ZHANG	03:40:36	57	F	ALBUQUERQUE	118	340	24:30 min/mile

AGE GROUP 60-64

1	256	JEAN HERBERT	02:22:44	62	F	ALBUQUERQUE	24	138	15:51 min/mile
2	149	LINDA CAGE	02:38:00	60	F	ALBUQUERQUE	45	201	17:33 min/mile
3	130	JUDY BIERBAUM	02:39:57	62	F	ALBUQUERQUE	48	207	17:46 min/mile
4	223	JANE GAGNE	03:05:00	63	F	ALBUQUERQUE	85	285	20:33 min/mile
5	465	AILEEN TORRES-HUGHES	03:15:08	63	F	LAS VEGAS	97	307	21:40 min/mile
6	283	MARIANA KAHN	03:22:08	62	F	TSAILE	108	322	22:27 min/mile
7	184	DIANE DE SOUZA	03:29:30	62	F	EL PRADO	111	325	23:16 min/mile
8	257	MARIA HERNANDEZ	03:41:47	61	F	ALBUQUERQUE	119	343	24:38 min/mile
9	203	KAT EGGEMEYER	03:58:16	60	F	GEORGETOWN	124	350	26:28 min/mil
10	131	GRACE BLACKWATER	04:04:42	61	F	KIRTLAND	127	354	27:11 min/mile
11	385	PATTI PARKER- GREEN	04:19:46	61	F	TIJERAS	132	360	28:51 min/mile

AGE GROUP 65-69

1	462	RONDI THORNTON	02:59:08	68	F	ALBUQUERQUE	77	269	19:54 min/mile
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