



# REGISTRATION FORM

## Women's Distance Festival

Sunday, June 23, 2024

7:00 am Start

UNM North Golf Course

BIB#

First Name

Last Name

Age on Race Day

 /  / 

Date of Birth

Address

City

State

Zip

 (  ) 

Phone

Email

► **CHOOSE YOUR RACE:**

**5K RUN**

**5K WALK**

► **ENTRY FEE**

**ARR + RRCA  
Members**

**Non-Members**

Postmarked by June 1

\$30

\$35

Late Registration

\$35

\$40

Packet Pickup / Race Day

\$40

\$45

► **SHIRT** (Shirts are women's fit and sizing – tend to run small)

Circle One

S

M

L

XL

XXL

**WAIVER: Please Sign!**

I know that participating in a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the race. I assume all risks associated with running or walking in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being know and appreciated by me. Having read this waiver and knowing these facts and in consideration of your acceptance of my entry, I for myself, and anyone entitled to act on my behalf, waive and release the Albuquerque Road Runners Club, Bernalillo County Parks & Recreation, University of New Mexico, Road Runners Club of America, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recording, or any other record of this event for any legitimate purpose. I understand that bicycles, skate boards, baby joggers, roller skates or blades, animals, and radio headsets and ipods are not allowed in the race and I will abide by this guideline.

Participant Signature

Signature of parent or guardian if under 18

 /  / 

Date

Complete this form and mail with your check payable to ABQ Road Runners:

ABQ Road Runners - WDF  
PO Box 20011  
Albuquerque, NM 87154