



## CROSS COUNTRY RACE

## **5K Cross Country Race**

DATE: Saturday, July 20, 2024 TIME: 5K Run/Walk – 8:00 am

Race Day Registration Opens at 7:00 am

LOCATION:

**Municipal Sports Complex** 

COURSE:

Details & map on the SFS website

AWARDS:

5K Run/Walk: Cash prizes to top 3 Male & Female overall;

Standard 10 year age group awards.

**REGISTRATION FEES:** 

5K - \$40 (before May 31); \$45 (June 1 - July 14)

Race Day: \$50

SHIRT guaranteed if registered by July 6.

Online registration closes on July 14 @ 11:59 pm

ON-LINE:

www.runsignup.com

## **REGISTRATION BY MAIL:**

Fill out the attached form and mail to: Santa Fe Striders Cross Country Race P.O. Box 1818 Santa Fe, NM 87504

FOR MORE INFORMATION:

info@santafestriders.org www.santafestriders.org



try From Make check payable to: Santa Fe Striders Mail to: P.O., Box 1818, Santa Fe, NM 87504						
Name:						
Address:						
Age on July 20, 2024:	Gender: Female	Male	(circle one)			
T-Shirt size: Ladies XS, S, M, L, XI	. (circle one)		Men S, N	۸, L, XL (circle on	e)	

Legal Waiver: I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat or humidity, traffic and the conditions of the road. All such risks are known and appreciated by me. I understand that bicycles, skateboards, baby joggers/strollers, roller skates or inline skates, animals and personal music players are not allowed in club organized runs or events & I will abide by all rules of the club. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to race on my behalf, waive and release the Santa Fe Striders Road Running Club, the City and County of Santa Fe and all sponsors, their representatives and successors for all claims or liabilities of any kind arising out of my participation in the event even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recordings or any other record of this for legitimate purposes. I fully understand the Race Director has the right to alter the course and/or alter the race distance, change the start time or cancel the race to public safety issues.

Participant Signature:	Date:
(Parent signature if participant under 18)	Date: