

WOMEN IN TRAINING 2024

REGISTRATION FORM

MAIL TO: Albuquerque Road Runners
PO Box 20011, Albuquerque, NM 87154

NAME _____ DOB _____ Age _____

ADDRESS _____
Street State Zip

EMAIL _____ PHONE _____

● I'M INTERESTED IN (please check one) Beginning Running Intermediate Running Run-Walking Walking

● CIRCLE T-SHIRT SIZE: S M L XL 2XL

Program Fee: \$50 for ARR members
 \$65 for non-ARR members

Please make check payable to ARR
(Entry to Women's Distance Festival is not included in fee)

Amount \$ _____
Date Rec'd _____ Cash Check # _____ REC'D BY _____

PLEASE SIGN WAIVER

I know that running is a potentially hazardous activity. I should not enter a running program unless I am medically able. I agree to abide by any decision relative to my ability to safely participate in this running program. I assume all risks associated with running/walking, including but not limited to falls, contact with other participants, the effects of weather, including high heat and/or humidity, the condition of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing the facts, and in consideration of your acceptance of my application for this training program, I for myself and anyone entitled to act on my behalf waive and release the Road Runners Club of America, the Albuquerque Road Runners Club, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this club program, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Headphones are not allowed.

SIGNATURE _____ DATE _____